

EARNED RUNS SUMMER CHALLENGE II
RUN/WALK ACROSS AMERICA 2019
“SEA TO SHINING SEA”

MAY THROUGH JUNE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1 MAY 27 - MAY 31	26	27 SEGMENT 1	28	29	30 SEGMENT 2	31	1
WEEK 2 JUNE 3 - 7	2	3 SEGMENT 3	4	5	6 SEGMENT 4	7	8
WEEK 3 JUNE 10 - 14	9	10 SEGMENT 5	11	12	13 SEGMENT 6	14	15
WEEK 4 JUNE 17 - 21	16	17 SEGMENT 7	18	19 SEGMENT 8	20	21 SEGMENT 9	22
WEEK 5 JUNE 24 - 28	23	24 SEGMENT 10	25	26 SEGMENT 11	27	28 SEGMENT 12	29

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JUNE, JULY, AUGUST	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 6 JULY 1-5	30	1 JULY SEGMENT 13	2	3	4 SEGMENT 14	5	6
WEEK 7 JULY 8-12	7	8 SEGMENT 15	9	10 SEGMENT 16	11	12 SEGMENT 17	13
WEEK 8 JULY 15-19	14	15 SEGMENT 18	16	17 SEGMENT 19	18	19 SEGMENT 20	20
WEEK 9 JULY 22-26	21	22 SEGMENT 21	23	24 SEGMENT 22	25	26 SEGMENT 23	27
WEEK 10 JULY 29 - AUGUST 2	28	29 SEGMENT 24	30	31 SEGMENT 25	1	2 SEGMENT 26	3

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AUGUST - LABOR DAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 11 AUGUST 5-9	4	5 SEGMENT 27	6	7 SEGMENT 28	8	9 SEGMENT 29	10
WEEK 12 AUGUST 12-16	11	12 SEGMENT 30	13	14 SEGMENT 31	15	16 SEGMENT 32	17
WEEK 13 AUGUST 19-23	18	19 SEGMENT 33	20	21 SEGMENT 34	22	23 SEGMENT 35	24
WEEK 14 AUGUST 26-30	25	26 SEGMENT 36	27	28 SEGMENT 37	29	30 SEGMENT 38	31
WEEK 15 SEPT. 2	1	2 SEGMENT 39 ARRIVAL!!!					